

WELCOME TO THE LAKE CITY OF UDAIPUR!
Tips for Culturally Mindful and Zero Waste Travel

Practice Segregation at Source

- Offer organic or biodegradable items (banana peels, etc.) to local cows or other animals, or place them in empty plots where they can degrade, or ask your hotel where its compost pit is.
- Give paper, metal or glass to 'kabaadiwallas' who roam around with pushcarts collecting such items for recycling.
- Avoid the use of toxic materials like batteries, plastic, etc. If you bring them in, please take them out when you leave.

Please Say No to Plastic in All Forms

- Avoid plastic bottled water or soft drinks. Plastic is highly toxic, not biodegradable, clogs drains and is causing massive damage. Refill your own water bottle with boiled or filtered water.
- Avoid plastic packaged foods, which are unhealthy and polluting. Carry a cloth bag and buy foods in bulk instead.
- Polythene bags are banned in Udaipur. Remind shopkeepers if they try to give you them; ask for paper or cloth bags, or carry your own!

Save Water and Energy

Though it may not look like it now, water is scarce and precious in Rajasthan. Please conserve water and energy by:

- Running taps sparingly; taking short showers or even bucket baths!
- Reporting any leaky taps or toilets you notice.
- Reusing one towel for the duration of your stay in Udaipur.
- Learning to wash the 'local way', instead of with toilet paper.
- Turning off lights, fans and other electrical outlets when not in use.
- Walking or bicycling whenever possible.
- Taking local big autorickshaws or sharing a private autorickshaw.

Respect Local Culture and Economy

- Ask before taking photos and before entering houses, gardens, etc.
- Try to learn a few Mewari or Hindi words and phrases.
- Buy locally-made natural handicrafts, local and organic foods, and avoid multinational companies' products.
- Ask those you meet about our zero waste traditions and practices.

THANK YOU FOR YOUR SUPPORT! For more on Udaipur as a Zero Waste City, contact Vishal Dhaybhai and Shilpa Jain, Shikshantar, phone 245-1303, www.swaraj.org/shikshantar